

# US DEPARTMENT OF VETERANS AFFAIRS OFFICE OF INSPECTOR GENERAL

Office of Healthcare Inspections

**VETERANS HEALTH ADMINISTRATION** 

Inspection of Select Vet Centers in Midwest District 3 Zone 3



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## **Report Overview**

The purpose of the VA Office of Inspector General (OIG) Vet Center Inspection Program (VCIP) is to provide a focused evaluation of the quality of care delivered at vet centers. Vet centers are community-based facilities that provide a wide range of psychosocial services to clients, including eligible veterans, to support a successful transition from military to civilian life.<sup>1</sup>

VCIP inspections are one element of the OIG's oversight to ensure that the nation's veterans receive high-quality and timely mental health care and VA services. The inspections evaluate key clinical and administrative processes associated with promoting quality care and service delivery at vet centers.<sup>2</sup>

For this inspection, the OIG randomly selected four vet centers throughout Midwest District 3 zone 3: Des Moines and Sioux City, Iowa; Kansas City, Missouri; and Rapid City, South Dakota.<sup>3</sup>

The inspection included four review areas:

- Suicide prevention
- Consultation, supervision, and training
- Outreach
- Environment of care

The findings presented in this report are a snapshot of the selected vet centers' performance within the identified review areas at the time of the OIG inspection. The findings should help vet centers to identify areas of vulnerability or conditions that, if addressed, could improve safety, accessibility, and quality of care.

<sup>&</sup>lt;sup>1</sup> To be consistent with Readjustment Counseling Service (RCS) policy and terminology, the OIG refers to veterans receiving readjustment services as *clients* in this report.

<sup>&</sup>lt;sup>2</sup> VHA Directive 1500(3), *Readjustment Counseling Service*, January 26, 2021, amended June 5, 2023, rescinded and replaced by VHA Directive 1500(4), *Readjustment Counseling Service*, January 26, 2021, amended November 21, 2023, rescinded and replaced by VHA Directive 1500(5), *Readjustment Counseling Service*, January 26, 2021, amended March 3, 2025. Unless otherwise specified, the requirements in the directives contain the same or similar language. Vet centers provide counseling for readjustment concerns related to specific types of military deployment stressors. "Readjustment counseling services are designed by law to be provided without a medical diagnosis." Therefore, individuals receiving readjustment services are not considered patients.

<sup>&</sup>lt;sup>3</sup> RCS is divided into five districts. Each district consists of two to four zones. Each zone consists of 18 to 26 vet centers.

## **Review Topics and Inspection Results**

#### **Suicide Prevention**

The OIG found all four vet center directors (VCDs) ensured the attendance of a licensed provider at the supporting VA medical facility's mental health executive council meetings as required.<sup>4</sup> The OIG was unable to conduct the <u>High Risk Suicide Flag (HRSF) SharePoint site</u> review due to concerns with data accuracy as a result of duplication, inaccuracies, or missing data values.<sup>5</sup>

In April 2024, the OIG made a recommendation to the Readjustment Counseling Service (RCS) Chief Officer related to HRSF SharePoint site functionality. At the time of this inspection, the recommendation was open; therefore, the OIG did not issue a new recommendation.

On May 22, 2025, the recommendation was closed.<sup>6</sup>

The OIG made no recommendations related to suicide prevention.

## Consultation, Supervision, and Training

The OIG found all four vet centers had an assigned <u>clinical liaison</u> and <u>independently licensed</u> <u>mental health external clinical consultant</u> from a supporting VA medical facility.<sup>7</sup> All four VCDs ensured completion of four hours of monthly external clinical consultation for clinically complex

<sup>&</sup>lt;sup>4</sup> VHA Handbook 1160.01, *Uniform Mental Health Services in VA Medical Centers and Clinics*, September 11, 2008, amended November 16, 2015, required VA medical facilities to establish a mental health executive council that supports strategies, communication, and policies to improve mental health care and suicide prevention. Handbook 1160.01 was rescinded and replaced with VHA Directive 1160.01, *Uniform Mental Health Services in VHA Medical Points of Service*, April 27, 2023, which maintains the mental health executive council requirement; however, the purpose was updated to focus on ensuring "the delivery of high-quality Veteran mental health care that is evidence-based and responsive to Veterans' preferences"; VHA Directive 1500(4). RCS requires a licensed vet center staff member to participate on all supporting VA medical facility mental health executive council meetings to assist with care coordination and collaboration for clients.

<sup>&</sup>lt;sup>5</sup> On May 11, 2020, RCS implemented a HRSF SharePoint site containing names of RCS clients who also receive services at a VA medical facility and have a high risk for suicide flag; Chief Officer, Readjustment Counseling Services, "High Risk Suicide Flag Outreach," memorandum to all Vet Center staff, April 27, 2020. RCS staff confirmed as of June 2021, the SharePoint site was expanded to include Recovery Engagement and Coordination for Health-Veterans Enhanced Treatment (REACH VET) data. VA's REACH VET is a predictive analytics program developed to determine veterans who have a higher risk for suicide. In early 2023, the OIG identified problems with the HRSF SharePoint data that made it difficult to determine whether follow-up of clients was being conducted as required. RCS leaders were notified of the data inaccuracies; The underlined terms are hyperlinks to a glossary. To return from the glossary, press and hold the "alt" and "left arrow" keys together.

<sup>&</sup>lt;sup>6</sup> VA OIG, <u>Inspection of Southeast District 2 Vet Center Operations</u>, Report No. 22-03941-144, April 18, 2024. The OIG continued to monitor RCS's progress on the HRSF SharePoint site functionality recommendation until closure.

<sup>&</sup>lt;sup>7</sup> VHA Directive 1500(4). Each vet center aligns with a VA medical facility to ensure access to clinical services and coordination of care for shared clients.

cases and completed monthly reviews of 10 percent of each counselor's client records. Staff at one of four vet centers did not complete select required trainings related to basic life support.

The OIG issued one recommendation to district leaders and the applicable VCD specific to consultation, supervision, and training.

#### Outreach

The OIG found all four vet centers had <u>outreach plans</u> with tailored outreach activities; however, three of the plans lacked one or more required strategic components.<sup>10</sup>

The OIG issued one recommendation to district leaders and applicable VCDs specific to outreach.

## **Environment of Care**

The OIG found all four vet centers complied with the following requirements: annual fire or safety inspections, fire extinguishers inspected monthly and serviced annually, an <u>automated external defibrillator</u> (AED) on-site and serviced annually by VA medical center biomedical engineering, and a building evacuation plan posted in a communal area.<sup>11</sup>

The OIG found that of the four vet centers,

<sup>&</sup>lt;sup>8</sup> VHA Directive 1500(4).

<sup>&</sup>lt;sup>9</sup> VA Secretary, "Agency-Wide Required Suicide Prevention Training," memorandum to Under Secretaries, Assistant Secretaries and Other Key Officials, October 15, 2020; VHA Directive 1071(1), Mandatory Suicide Risk and Intervention Training, May 11, 2022, amended June 21, 2022; Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer (CMO), "Lethal Means Safety (LMS) Education and Counseling," memorandum to Veterans Integrated Services Network (VISN) Director (10N1-23), Medical Center Directors (00), VISN CMOs (10N1-23), VISN Chief Mental Health Officers (10N1-23), Readjustment Counseling Services (RCS) District Directors, RCS Deputy District Directors VISN CMOs (10N1-23), March 17, 2022; VHA Directive 1115.01(1), Military Sexual Trauma (MST) Mandatory Training and Reporting Requirements for VHA Mental Health and Primary Care Providers, April 14, 2017, amended May 8, 2020; VHA Directive 1177, Cardiopulmonary Resuscitation, January 4, 2021.

<sup>&</sup>lt;sup>10</sup> VHA Directive 1500(4). Required strategic components include: a strategic map of the vet center veteran service area identifying eligible population concentrations; background information of the local eligible communities; personal points of contact for non-VA medical facility community service providers; strategic VA medical facility partners including clinical and administrative liaisons, the external clinical consultant, the suicide prevention coordinator; and the facility contact for the prevention and management of disruptive behavior coordinator. RCS requires the outreach activities to be tailored to eligible individuals.

<sup>&</sup>lt;sup>11</sup> RCS, *Administrative Site Visit (ASV) Protocol*. Vet centers are required to have a fire or safety inspection and a risk and vulnerability assessment annually. The risk and vulnerability assessment must be completed by VA police or local law enforcement. Vet centers must also have fire extinguishers and an AED available for staff, both requiring annual servicing and monthly inspections to ensure proper functioning. RCS requires vet centers to have a current emergency and crisis plan that includes contingencies for the following: phone and computer disruptions; weather and natural disasters; site, facility, and building emergencies; site, facility, and building temporary relocation; management of disruptive behavior; violence in the workplace, including active shooter plans; and handling of suspicious mail and bomb threats.

- four did not have an annual risk and vulnerability assessment completed by VA police or local law enforcement,
- one did not have the AED inspected monthly, and
- two did not have an emergency and crisis plan with required components. 12

The OIG identified an inconsistency between the RCS administrative site visit protocol and the Veterans Health Administration (VHA) requirements for the frequency of completion of risk and vulnerability assessments. RCS central office leaders reported working to align RCS and VHA requirements; however, RCS leaders continued to require annual risk and vulnerability assessments for vet centers until updates are made.<sup>13</sup>

The OIG issued three recommendations to district leaders and applicable VCDs specific to environment of care.

## Conclusion

The OIG conducted a focused inspection in four review areas and made five recommendations to the District Director and applicable VCDs. The number of recommendations should not be used as a gauge for the overall quality of care provided within the zone. These recommendations are intended to be used as a road map to help improve operations and clinical care. The recommendations address systems' issues and site-specific findings that may compromise quality care.

## **VA Comments and OIG Response**

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The Chief Readjustment Counseling Officer and District Director concurred with the recommendations and provided an acceptable action plan (see appendixes B and C). Based on information provided, the OIG considers recommendations 2 and 5 closed. For the remaining open recommendations, the OIG will follow up on the planned actions until they are completed.

JULIE KROVIAK, MD

Principal Deputy Assistant Inspector General, in the role of Acting Assistant Inspector General, for Healthcare Inspections

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<sup>&</sup>lt;sup>12</sup> RCS, ASV Protocol.

<sup>&</sup>lt;sup>13</sup> In the VA OIG, <u>Inspection of Select Vet Centers in Midwest District 3 Zone 1</u>, Report No. 24-00393-180, August 5, 2025, report, the OIG made one recommendation to the RCS Chief Officer related to the identified inconsistency in the required frequency of the risk and vulnerability assessment; therefore, the OIG did not make a recommendation in this report.

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## **Abbreviations**

AED automated external defibrillator

BLS basic life support

HRSF high risk suicide flag

OIG Office of Inspector General

RCS Readjustment Counseling Service

VCD Vet Center Director

VCIP Vet Center Inspection Program

VHA Veterans Health Administration



## Introduction

The purpose of the VA Office of Inspector General (OIG) Vet Center Inspection Program (VCIP) is to conduct oversight of vet centers that provide readjustment services to clients. The OIG reports findings to Congress and Readjustment Counseling Service (RCS) leaders so informed decisions can be made to improve care.

RCS is an autonomous organizational element in the Veterans Health Administration (VHA) with authority for and oversight of vet centers and the provision of readjustment counseling services. Vet centers are community-based facilities that provide a wide range of psychosocial services to clients to support a successful transition from military to civilian life.<sup>2</sup>

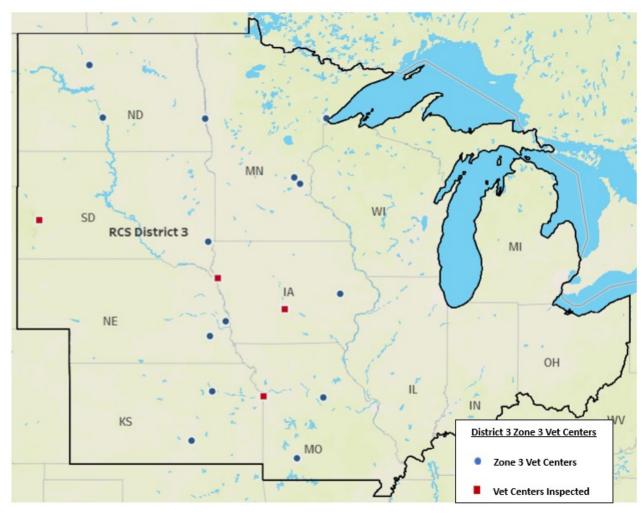
# **Scope and Methodology**

The OIG randomly selected district 3 and the following four vet centers in zone 3 for review: Des Moines and Sioux City, Iowa; Kansas City, Missouri; and Rapid City, South Dakota. (see figure 1).<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> VHA Directive 1500(3), *Readjustment Counseling Service*, January 26, 2021, amended June 5, 2023, rescinded and replaced by VHA Directive 1500(4), *Readjustment Counseling Service*, January 26, 2021, amended November 21, 2023, rescinded and replaced by VHA Directive 1500(5), *Readjustment Counseling Service*, January 26, 2021, amended March 3, 2025. Unless otherwise specified, the requirements in the directives contain the same or similar language. Vet centers provide counseling for readjustment concerns related to specific types of military deployment stressors. According to VHA Directive 1500(4), "readjustment counseling services are designed by law to be provided without a medical diagnosis." Therefore, individuals receiving readjustment services are not considered patients. To be consistent with Readjustment Counseling Service (RCS) policy and terminology, the OIG refers to veterans receiving readjustment services as *clients* in this report.

<sup>&</sup>lt;sup>2</sup> VHA Directive 1500(4). Vet center counselors provide readjustment counseling to assist clients with psychological and psychosocial readjustment.

<sup>&</sup>lt;sup>3</sup> RCS is divided into five districts. Each district consists of two to four zones. Each zone consists of 18 to 26 vet centers.



**Figure 1**. Map of Midwest District 3 zone 3 vet centers, including sites visited by the OIG. Source: The OIG using RCS vet center data.

The OIG review included vet center operations from October 1, 2023, through September 30, 2024, in the following categories:<sup>4</sup>

- Suicide prevention
- Consultation, supervision, and training
- Outreach
- Environment of care

<sup>4</sup> The OIG review period was from October 1, 2023, through September 30, 2024, (fiscal year 2024) unless otherwise noted.

The OIG announced the inspection to district leaders on October 21, 2024, and conducted subsequent on-site and virtual visits from January 13, through February 6, 2025.<sup>5</sup> The OIG notified each selected vet center director (VCD) one day prior to the vet center site visit. During the site visits, the inspection team interviewed VCDs and key staff and reviewed RCS practices and policies.

In the absence of current VA or VHA policy, the OIG considered previous guidance to be in effect until superseded by an updated or recertified directive, handbook, or other policy document on the same or similar issue(s).

Oversight authority to review the programs and operations of VA medical facilities is authorized by the Inspector General Act of 1978, as amended, 5 U.S.C. §§ 401–424. The OIG reviews available evidence within a specified scope and methodology and makes recommendations to VA leadership if warranted. Findings and recommendations do not define a standard of care or establish legal liability.

The OIG conducted this inspection in accordance with OIG standard operating procedures and *Quality Standards for Inspection and Evaluation* published by the Council of the Inspectors General on Integrity and Efficiency.

## **Overall Findings**

The OIG reviewed VHA and RCS requirements and below are the inspection findings for the four selected vet centers. For additional details related to specific site findings, select the vet center in the respective review table.

#### Suicide Prevention

Early identification of clients at high risk for suicide allows for the provision of enhanced services and may prevent ongoing suicidality.<sup>6</sup> In an effort to reduce client risk for suicide and enhance care, each vet center aligns with a supporting VA medical facility.<sup>7</sup> VHA and RCS staff

<sup>&</sup>lt;sup>5</sup> For the purposes of this report, the term "district leaders" refers to a combination of two or more of the following: district director, deputy district director, associate district director for counseling, and associate district director for administration.

<sup>&</sup>lt;sup>6</sup> VA Office of Mental Health and Suicide Prevention, Suicide Prevention Program Guide, November 1, 2020.

<sup>&</sup>lt;sup>7</sup> VHA Directive 1500(4). Each vet center aligns with a supporting VA medical facility to ensure access to clinical services and coordination of care for shared clients.

members participate in the supporting VA medical facility's mental health executive council meetings to coordinate the care of shared clients.<sup>8</sup>

The <u>High Risk Suicide Flag (HRSF) SharePoint site</u> is part of an RCS national process intended to increase communication and coordination with VHA to ensure identification of clients at risk for suicide and provide resources that may reduce client risk.<sup>9</sup>

In early 2023, the OIG identified problems with the HRSF SharePoint site and issued the following recommendation to the RCS Chief Officer:

The Readjustment Counseling Service Chief Officer ensures the HRSF SharePoint site functions as intended and includes accurate data.<sup>10</sup>

Despite continued communication with RCS, data concerns persisted because of duplication, inaccuracies, or missing data; therefore, the OIG was unable to evaluate the HRSF SharePoint site dispositions in this review.

<sup>&</sup>lt;sup>8</sup> VHA Handbook 1160.01, *Uniform Mental Health Services in VA Medical Centers and Clinics*, September 11, 2008, amended November 16, 2015, required VA medical facilities to establish a mental health executive council that supports strategies, communication, and policies to improve mental health care and suicide prevention. Handbook 1160.01 was rescinded and replaced with VHA Directive 1160.01, *Uniform Mental Health Services in VHA Medical Points of Service*, April 27, 2023, which maintains the mental health executive council requirement; however, the purpose was updated to focus on ensuring "the delivery of high-quality Veteran mental health care that is evidence-based and responsive to Veterans' preferences"; VHA Directive 1500(4). RCS requires a licensed vet center staff member participate on all supporting VA medical facility mental health executive council meetings to assist with care coordination and collaboration for clients.

<sup>&</sup>lt;sup>9</sup> On May 11, 2020, RCS implemented a HRSF SharePoint site containing names of RCS clients who also receive services at a VA medical facility and have a high risk for suicide flag; Chief Officer, Readjustment Counseling Service, "High Risk Suicide Flag Outreach," memorandum to all Vet Center staff, April 27, 2020. RCS staff confirmed as of June 2021, the SharePoint site was expanded to include Recovery Engagement and Coordination for Health-Veterans Enhanced Treatment (REACH VET) data. VA's REACH VET is a predictive analytics program developed to determine veterans who have a higher risk for suicide; The underlined terms are hyperlinks to additional information. To return from the linked information, press and hold the "alt" and "left arrow" keys together.

<sup>&</sup>lt;sup>10</sup> VA OIG, Inspection of Southeast District 2 Vet Center Operations, Report No. 22-03941-144, April 18, 2024.

Compliant Kansas Noncompliant **Sioux City Rapid City Moines** City **Vet Center Vet Center Vet Center Vet Center RCS** Requirement A licensed vet center staff member participates in all supporting VA medical facility mental health executive council meetings.\* VCD ensures client contacts and outcomes are documented in the electronic record and the HRSF NA<sup>‡</sup> NA<sup>‡</sup> NA<sup>‡</sup> NA<sup>‡</sup> SharePoint site within five business days.

**Table 1. Suicide Prevention Results** 

Sources: VHA Directive 1500(4); OIG analysis of vet center data.

The OIG found all four vet centers participated monthly in the mental health executive council meetings.

At the time of the inspection, the HRSF SharePoint site functionality recommendation directed to the RCS Chief Officer remained open; therefore, the OIG did not issue a new recommendation. On May 22, 2025, the recommendation was closed.<sup>11</sup>

The OIG made no recommendations related to suicide prevention.

## Consultation, Supervision, and Training

Consultation with an <u>independently licensed mental health external clinical consultant</u> increases client access to VA health care and supports vet center counselors with clinically complex or high-risk cases. Supervision provides opportunities for ongoing feedback regarding counselor documentation, case planning, and compliance with RCS guidance and procedures. <sup>12</sup> Mandatory training completion supports a competent and skilled staff to provide services to clients. <sup>13</sup>

Reviewed trainings included:

<sup>\*</sup>The OIG reviewed mental health executive council meeting documentation to evaluate if required vet center staff participated in the meeting.

<sup>‡</sup>The OIG did not review the HRSF SharePoint site due to concerns with data accuracy.

<sup>&</sup>lt;sup>11</sup> VA OIG, Inspection of Southeast District 2 Vet Center Operations.

<sup>&</sup>lt;sup>12</sup> VHA Directive 1500(4).

<sup>&</sup>lt;sup>13</sup> VHA Directive 1052, *Appropriate and Effective Use of VHA Employee Mandatory and Required Training*, June 29, 2018.

- Nonclinical staff
  - Initial or annual S.A.V.E. training<sup>14</sup>
- Clinical Staff
  - Initial or annual suicide risk management training<sup>15</sup>
  - One-time lethal means safety education and counseling 16
  - One-time military sexual trauma training<sup>17</sup>
- All staff
  - Biannual basic life support (BLS) certification<sup>18</sup>

<sup>&</sup>lt;sup>14</sup> VA Secretary, "Agency-Wide Required Suicide Prevention Training," memorandum to Under Secretaries, Assistant Secretaries and Other Key Officials, October 15, 2020; VHA Directive 1071(1), *Mandatory Suicide Risk and Intervention Training*, May 11, 2022, amended June 21, 2022; S.A.V.E. is VHA's acronym for remembering steps involved in suicide prevention: **signs** of suicide, **ask** about suicide, **validate** feelings, and **encourage** seeking help and **expedited** treatment. Vet center nonclinical staff include a veterans outreach program specialist and program support assistant or office manager.

<sup>&</sup>lt;sup>15</sup> VA Secretary, "Agency-Wide Required Suicide Prevention Training," memorandum; Skills training for evaluation and management of suicide completion is required within 90 days of hire for new clinical providers and annually for current clinical providers. VHA considers clinical staff to include psychologists, social workers, case managers, and vet center counselors; VHA Directive 1071(1).

<sup>&</sup>lt;sup>16</sup> Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer (CMO), "Lethal Means Safety (LMS) Education and Counseling," memorandum to Veterans Integrated Services Network (VISN) Director (10N1-23), Medical Center Directors (00), VISN CMOs (10N1-23), VISN Chief Mental Health Officers (10N1-23), Readjustment Counseling Services (RCS) District Directors, RCS Deputy District Directors VISN CMOs (10N1-23), March 17, 2022. Lethal Means Safety Education and Counseling training completion is required within 90 days of entering the position for new clinical providers or within 90 days of training assignment for current clinical providers.

<sup>&</sup>lt;sup>17</sup> VHA Directive 1115.01 (1), *Military Sexual Trauma (MST) Mandatory Training and Reporting Requirements for VHA Mental Health and Primary Care Providers*, April 14, 2017, amended May 8, 2020. This directive was in place during the time of the events discussed in this report. It was rescinded and replaced by VHA Directive 1115.01, *Military Sexual Trauma Mandatory Training Requirements*, July 15, 2024. The two directives contain the same or similar requirements for training. Military sexual trauma training completion is required within 90 days of entering the position for clinical providers or "a provider must have completed the assigned training program (or passed the test-out, if applicable) in TMS [Talent Management System] or have time remaining until the assignment due date."

<sup>&</sup>lt;sup>18</sup> VHA Directive 1177, *Cardiopulmonary Resuscitation*, January 4, 2021. Any VA healthcare provider actively participating in direct patient care must maintain BLS training. The OIG was informed by an RCS leader that all RCS staff are required to complete BLS training biannually.

Table 2. Consultation, Supervision, and Training Results

Compliant Noncompliant  RCS Requirement	Des Moines Vet Center	Sioux City Vet Center	Kansas City Vet Center	Rapid City Vet Center
Consultation: Assignment of a <u>clinical liaison</u> .	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>
Consultation: Assignment of an independently licensed mental health external clinical consultant.	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>
Consultation: Completion of four hours of monthly external clinical consultation for clinically complex cases.	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>
Supervision: VCD monthly review of 10 percent of active client records for each counselor's caseload.	<b>⊘</b>	<b>Ø</b>	<b>Ø</b>	<b>Ø</b>
Training: Staff completion of select trainings in the required time frame.*	<b>⊘</b>	<b>⊘</b>	×	<b>⊘</b>

Sources: VHA Directive 1500(4); VHA Directive 1115.01(1); VHA Memorandum, "Lethal Means Safety (LMS) Education and Counseling"; VA Memorandum, "Agency-Wide Required Suicide Prevention Training"; VHA Directive 1071; OIG analysis of vet center results.

\*The OIG reviewed training records or BLS card copies and had findings with recommendations if one or more training elements were not completed within the required time frame. The OIG evaluated BLS training for all staff and evaluated annual training requirements for staff who had been employed prior to July 1, 2024. The OIG evaluated timeliness for completion of initial trainings for staff hired between October 1, 2023, and June 30, 2024.

The OIG found all four vet centers had an assigned clinical liaison and independently licensed mental health external clinical consultant. The OIG found all four VCDs completed four hours of external clinical consultation per month and completed a monthly review of 10 percent of active client records for each counselor's caseload.

In the identified area, the VCD reported the following explanation for noncompliance.

• Completion of select staff trainings: The Kansas City VCD was aware of the requirement and received notifications from the training application regarding overdue trainings; however, the VCD did not have a process to ensure timely training completion.

The OIG made one recommendation related to consultation, supervision, and training.

## Consultation, Supervision, and Training Recommendation

## Recommendation 1

District leaders and the Kansas City Vet Center Director determine reasons for noncompliance with employees completing select trainings in the required time frame, ensure completion, and monitor compliance.

#### **Outreach**

An annual written <u>outreach plan</u> identifies events to engage eligible clients and their families and promote relationships with community partners and stakeholders.<sup>19</sup>

Compliant Des Kansas Noncompliant • **Sioux City Rapid City Moines** City **Vet Center Vet Center Vet Center Vet Center RCS** Requirement Presence of a written current outreach plan. Inclusion of required outreach plan strategic components.\* Outreach activities tailored to eligible individuals.

**Table 3. Outreach Results** 

Sources: VHA Directive 1500(4); OIG analysis of vet center results.

The OIG found all four vet centers had an outreach plan with tailored outreach activities. In identified areas, the VCDs reported the following explanations for noncompliance.

• Inclusion of required strategic components: The Des Moines and Kansas City VCDs were unaware of all component requirements of the outreach plan. The Sioux City VCD

<sup>\*</sup>The OIG reviewed outreach plan requirements including a strategic map of the vet center service area identifying eligible population concentrations, strategic coordination with mobile vet center operations, personal points of contact for non-VA service providers, and identification of all strategic VA medical facility partners.

<sup>&</sup>lt;sup>19</sup> VHA Directive 1500(4).

relied on a template the district provided to the veterans outreach program specialist and did not thoroughly review the completed outreach plan for compliance with policy.

The OIG made one recommendation related to outreach.

## **Outreach Recommendation**

#### Recommendation 2

District leaders and the Des Moines, Sioux City, and Kansas City Vet Center Directors determine reasons for noncompliance with completion of an outreach plan with all required strategic components, ensure completion, and monitor compliance.

## **Environment of Care**

Safety in the physical environment is essential for promoting effective therapeutic work and requires adherence to general safety and emergency preparedness standards.<sup>20</sup>

**Table 4. Environment of Care Results** 

Compliant Noncompliant  RCS Requirement	Des Moines Vet Center	Sioux City Vet Center	<u>Kansas</u> <u>City</u> <u>Vet Center</u>	Rapid City Vet Center
Fire or safety inspection completed annually.	<b>Ø</b>	<b>⊘</b>	<b>⊘</b>	<b>⊘</b>
Risk and vulnerability assessment completed annually by VA police or local law enforcement.	×	×	×	×
Fire extinguishers inspected monthly.	<b>&gt;</b>	<b>⊘</b>	<b>⊘</b>	
Fire extinguishers serviced annually.				

<sup>&</sup>lt;sup>20</sup> VHA Directive 1608, *Comprehensive Environment of Care Program*, June 21, 2021, rescinded and replaced by VHA Directive 1608(1), *Comprehensive Environment of Care Program*, June 21, 2021, amended September 7, 2023. Unless otherwise specified, the requirements in the June 2021 directive contain the same or similar language as the amended September 2023 document. The OIG evaluated compliance of monthly inspections for fire extinguishers and AEDs by reviewing inspection documentation for the three full months prior to district notification. The OIG evaluated the presence of an AED and a building evacuation plan during on-site inspections.

Compliant  Noncompliant  RCS Requirement	<u>Des</u> <u>Moines</u> <u>Vet Center</u>	Sioux City Vet Center	<u>Kansas</u> <u>City</u> <u>Vet Center</u>	Rapid City Vet Center
Automated external defibrillator (AED) located on-site.			<b>&gt;</b>	
AED inspected monthly.	<b>⊘</b>	<b>⊘</b>	×	<b>⊘</b>
AED serviced annually by VA medical center biomedical engineering.		<b>⊘</b>	<b>⊘</b>	
Building evacuation plan posted in communal area for staff and visitors to reference.	<b>⊘</b>	<b>⊘</b>	<b>⊘</b>	<b>⊘</b>
Emergency and crisis plan with required components.*	<b>⊘</b>	<b>⊘</b>	×	×

Sources: RCS, Administrative Site Visit Protocol; OIG analysis of vet center results.

\*The OIG evaluated if the plan had been reviewed or updated within two years of the inspection date. The emergency and crisis plan includes contingencies for phone and computer disruptions; weather or natural disaster emergency plan; site, facility, or building temporary relocation plan; management of disruptive behavior plan; violence in the workplace plan (including active shooter plan); and handling of suspicious mail and bomb threats.

The OIG found all four vet centers had an annual fire or safety inspection, monthly inspections and annual servicing of fire extinguishers, AEDs on-site with annual servicing by VA medical center biomedical engineering, and building evacuation plans posted in communal areas for staff and visitor reference.

In identified areas, the VCDs reported the following explanations for noncompliance.

- Risk and vulnerability assessment: In November 2024, the Des Moines VCD received documentation from the supporting VA medical facility stating the June 2023 assessment remained valid and a new assessment was not required unless circumstances warrant a new assessment. The Sioux City VCD reported being unaware of the time frame for this requirement. The Kansas City and Rapid City VCDs believed the physical security inspection completed by VA police met the requirement.
- *AED inspection*: The Kansas City VCD reported a lack of process to ensure monthly AED inspections were completed.

• *Emergency and crisis plan*: The Kansas City VCD reported being unaware of plan requirements. The Rapid City VCD acknowledged awareness of plan requirements and reported a lack of attention to detail when reviewing the plan.

The OIG noted inconsistencies between the RCS administrative site visit protocol requirement for an annual risk and vulnerability assessment and VA police guidance to the Des Moines, Kansas City, and Rapid City VCDs. RCS central office leaders reported working to align RCS and VHA requirements; however, RCS continues to require annual risk and vulnerability assessments for vet centers until updates are made

The OIG made three recommendations related to environment of care.<sup>21</sup>

## **Environment of Care Recommendations**

### Recommendation 3

District leaders and the Des Moines, Sioux City, Kansas City, and Rapid City Vet Center Directors determine reasons for noncompliance with having an annual risk and vulnerability assessment completed by VA police or local law enforcement, ensure completion, and monitor compliance.

## Recommendation 4

District leaders and the Kansas City Vet Center Director determine reasons for noncompliance with monthly automated external defibrillator inspections, ensure completion, and monitor compliance.

#### Recommendation 5

District leaders and the Kansas City and Rapid City Vet Center Directors determine reasons for noncompliance with having an emergency and crisis plan that includes required components, ensure completion, and monitor compliance.

<sup>&</sup>lt;sup>21</sup> In the VA OIG, <u>Inspection of Select Vet Centers in Midwest District 3 Zone 1</u>, Report No. 24-00393-180, August 5, 2025, report, the OIG made one recommendation to the RCS Chief Officer related to inconsistencies in guidance pertaining to required frequency of the risk and vulnerability assessment and therefore, will not make a recommendation in this report.

# Appendix A

This section presents an overview of each selected vet center along with inspection results. For an overview of all results see <u>Overall Findings</u>.

## **Des Moines Vet Center**

The VCD reported the Des Moines Vet Center serves clients throughout 35 counties in Central Iowa and is supported by the Des Moines VA Medical Center. The VCD reported 63,990 eligible veterans reside in the veteran service area; which includes Camp Dodge, an Iowa National Guard installation; and Fort Des Moines, an Army Reserve installation. The VCD highlighted the development of two female veteran support groups in fiscal year 2024.

For compliant element findings, please see findings related to <u>Suicide Prevention</u>; <u>Consultation</u>, <u>Supervision</u>, <u>and Training</u>; <u>Outreach</u>; and <u>Environment of Care</u>.

Table A.1. Fiscal Year 2024 Vet Center Profile

Profile	Des Moines Vet Center
Budget	\$1,219,708.94
Total Unique Clients	393
New Clients	117
Active Duty Clients	8
Bereavement Clients	2
Family Clients	48
Total Authorized Full-time Positions	8
Total Filled Positions	8
Total Vacancies	0

Source: RCS data.

#### **Identified Deficiencies**

## **Outreach**

*Outreach plan*: The outreach plan was missing one required strategic component: identification of VA medical facility partners.<sup>22</sup>

## **Environment of Care**

Risk and vulnerability assessment: VA police or local law enforcement had not completed an annual risk and vulnerability assessment since June 2023.

<sup>&</sup>lt;sup>22</sup> Strategic VA medical facility partners did not include clinical and administrative liaisons, an external clinical consultant, a suicide prevention coordinator, or the facility contact for prevention and management of disruptive behavior.

## Sioux City Vet Center

The VCD reported the Sioux City Vet Center serves clients throughout 35 counties in western Iowa and eastern Nebraska and is supported by the Royal C. Johnson Veterans' Memorial Hospital. The VCD reported 25,761 eligible veterans reside in the veteran service area, which includes the Norfolk and Wayne National Guard Readiness Centers, the Army National Guard 113 Cay Unit, and the Airforce National Guard 185th Air Refueling Wing. The VCD highlighted services expanded into Nebraska in fiscal year 2024, including outreach to local veteran service organizations.

Table A.2. Fiscal Year 2024 Vet Center Profile

Profile	Sioux City Vet Center
Budget	\$621,853.81
Total Unique Clients	215
New Clients	61
Active Duty Clients	5
Bereavement Clients	0
Family Clients	21
Total Authorized Full-time Positions	5
Total Filled Positions	4
Total Vacancies	1

Source: RCS data.

For compliant element findings, please see findings related to <u>Suicide Prevention</u>; <u>Consultation</u>, <u>Supervision</u>, and <u>Training</u>; <u>Outreach</u>; and <u>Environment of Care</u>.

#### **Identified Deficiencies**

## **Outreach**

Outreach plan: The outreach plan was missing one required strategic component: identification of VA medical facility partners.<sup>23</sup>

## **Environment of Care**

Risk and vulnerability assessment: VA police or local law enforcement had not completed an annual risk and vulnerability assessment since March 2023.

<sup>&</sup>lt;sup>23</sup> Strategic VA medical facility partners did not include clinical and administrative liaisons, an external clinical consultant, a suicide prevention coordinator, or the facility contact for prevention and management of disruptive behavior.

## **Kansas City Vet Center**

The VCD reported the Kansas City Vet Center serves clients throughout 28 counties within Kansas and Missouri and is supported by the Kansas City VA Medical Center. The VCD reported 94,246 veterans reside in the veteran service area, which includes Whiteman Air Force Base and US Army Fort Leavenworth. The VCD highlighted the fiscal year 2024 VSignals survey results demonstrated 100 percent of veteran respondents agreed the Kansas City Vet Center team excels in the areas of "Client Intake" and "Client Counselor Relationship."<sup>24</sup>

Table A.3. Fiscal Year 2024 Vet Center Profile

Profile	Kansas City Vet Center
Budget	\$1,165,211.93
Total Unique Clients	501
New Clients	189
Active Duty Clients	7
Bereavement Clients	2
Family Clients	107
Total Authorized Full-time Positions	8
Total Filled Positions	8
Total Vacancies	0

Source: RCS data.

For compliant element findings, please

see findings related to <u>Suicide Prevention</u>; <u>Consultation</u>, <u>Supervision</u>, <u>and Training</u>; <u>Outreach</u>; and Environment of Care.

## **Identified Deficiencies**

## Consultation, Supervision, and Training

Staff training: Three of eight staff did not complete BLS training.

## **Outreach**

*Outreach plan*: The outreach plan was missing one required strategic component: identification of VA medical facility partners.<sup>25</sup>

## **Environment of Care**

Risk and vulnerability assessment: VA police or local law enforcement had not completed an annual risk and vulnerability assessment since April 2023.

AED inspection: AED inspections were not completed for two of the three months reviewed.

<sup>&</sup>lt;sup>24</sup> Veterans Signals (VSignals) is a customer service feedback survey that is emailed to vet center clients.

<sup>&</sup>lt;sup>25</sup> Strategic VA medical facility partners did not include clinical and administrative liaisons, an external clinical consultant, a suicide prevention coordinator, or the facility contact for prevention and management of disruptive behavior.

Emorgones and crisis plan: The emergence	y and crisis plan did not include contingencies for
	y and crisis plan did not include contingencies for
phone disruptions.	

## Rapid City Vet Center

The VCD reported the Rapid City Vet Center serves clients throughout 23 counties and four Native American Indian Reservations across western South Dakota and Nebraska and is supported by the Fort Meade VA Medical Center. The VCD reported 24,683 veterans reside in the veteran service area, which includes Ellsworth Air Force Base and five Army National Guard Units. The VCD highlighted nontraditional group therapy offerings, which include gardening, art, and Project Healing Waters, a group where veterans can learn to fly fish.

Table A.4. Fiscal Year 2024 Vet Center Profile

Profile	Rapid City Vet Center
Budget	\$745,336.78
Total Unique Clients	162
New Clients	67
Active Duty Clients	4
Bereavement Clients	1
Family Clients	18
Total Authorized Full-time Positions	5
Total Filled Positions	5
Total Vacancies	0

Source: RCS data.

For compliant element findings, please see findings related to <u>Suicide Prevention</u>; <u>Consultation</u>, <u>Supervision</u>, and <u>Training</u>; <u>Outreach</u>; and <u>Environment of Care</u>.

#### **Identified Deficiencies**

## **Environment of Care**

Risk and vulnerability assessment: VA police or local law enforcement had not completed an annual risk and vulnerability assessment since September 2023.

*Emergency and crisis plan*: The emergency and crisis plan did not include contingencies for the handling of suspicious mail.

# Appendix B: RCS Chief Readjustment Counseling Service Officer Memorandum

## **Department of Veterans Affairs Memorandum**

Date: June 26, 2025

From: Chief Readjustment Counseling Service Officer (10RCS)

Subj: Inspection of Select Vet Centers in Midwest District 3 Zone 3

To: Director, Office of Healthcare Inspections, Vet Center Inspection Program (VC00)

Director, GAO/OIG Accountability Liaison (VHA 10OIC GOAL)

1. Thank you for the opportunity to review and comment on the Office of Inspector General (OIG) draft report, Inspection of Select Vet Centers in Midwest District 3 Zone 3. I have reviewed the recommendations and submitted action plans to address all findings in the report.

2. Should you require any additional information, please contact Readjustment Counseling Service.

(Original signed by:)

Michael Fisher

[OIG comment: The OIG received the above memorandum from VHA on June 26, 2025.]

# Appendix C: RCS Midwest District 3 Director Memorandum

## **Department of Veterans Affairs Memorandum**

Date: June 25, 2025

From: District 3 Director, Midwest Region (RCS3)

Subj: Inspection of Select Vet Centers in Midwest District 3 Zone 3

To: Chief Officer, Readjustment Counseling Service, (10RCS)

Director, GAO/OIG Accountability Liaison Office (VHA 10OIC GOAL)

- 1. Thank you for the opportunity to review and comment on the Office of Inspector General (OIG) draft report, Inspection of Select Vet Centers in Midwest District 3 Zone 3.
- 2. I reviewed the draft report and am working with the Midwest District 3 leadership team and Vet Center Directors (VCD) to implement a plan of correction and sustainment for all recommendations. District leaders and VCDs took action to begin resolving concerns identified during the inspection and will continue to monitor until there is sufficient evidence to demonstrate compliance with all findings. I am requesting closure of recommendation 1 as the Kansas City Vet Center is now compliant with the required Basic Life Support training. I am also requesting closure of recommendation 2 as the Des Moines, Sioux City, and Kansas City Vet Centers are now compliant with updated outreach plans to include missing components found during the inspection process. Lastly, I am requesting closure of recommendation 5 as the Kansas City and Rapid City Vet Centers are now compliant with the required content in the Emergency and Crisis Plans.
- 3. Please express my thanks to the team for their professionalism and assistance in our continuing efforts to improve the care we provide to our Veterans.

(Original signed by:)

Gregory Schenck For Joseph Dudley

[OIG comment: The OIG received the above memorandum from VHA on June 26, 2025.]

# **District Director Response**

#### Recommendation 1

District leaders and the Kansas City Vet Center Director determine reasons for noncompliance with employees completing select trainings in the required time frame, ensure completion, and monitor compliance.

_X _Concur
Nonconcur
Target date for completion: Request Closure.

## **Director Comments**

In Fiscal Year 2024, the Kansas City Vet Center did not achieve full compliance with mandatory staff trainings. Specifically, some staff members at the Kansas City Vet Center were non-compliant with Basic Life Support (BLS) training. This non-compliance stemmed from various complications, including issues related to how, when, and who is responsible for assigning training to individuals. District leadership worked to clarify which trainings are assigned at the national, district, and local levels by the Vet Center Director (VCD). District leadership has instructed VCDs to ensure completion of mandatory training. The staff at Kansas City Vet Center completed the required BLS training and are now compliant. Vet Center staff training is recorded in the Talent Management System (TMS) and tracked locally by VCDs. District leadership will verify sustained compliance during the annual administrative site visit.

#### **OIG Comments**

The OIG considers this recommendation open to allow time for the submission of documentation to support closure.

### **Recommendation 2**

District leaders and the Des Moines, Sioux City, and Kansas City Vet Center Directors determine reasons for noncompliance with completion of an outreach plan with all required strategic components, ensure completion, and monitor compliance.

_X _Concur	
Nonconcur	
Target date for completion: Request Closure.	

#### **Director Comments**

During Fiscal Year 2024, the outreach plans at these locations did not include all required strategic components. Reasons for non-compliance included a district transition to a new outreach template during Fiscal Year 2024, a lack of understanding about the need for a specific level of detail (e.g. naming a strategic partner instead of providing a title only), and a lack of clarity on how certain strategic components were relevant to their plan. District 3 Zone 3 leadership has provided guidance on creating an outreach plan that incorporates all strategic components listed in VHA Directive 1500(5). VCDs and Veterans Outreach Program Specialists (VOPS) made specific revisions to include items identified within the inspection report. VCDs will track compliance locally on an ongoing basis, and district leadership will verify sustained compliance during the annual clinical site visit.

#### **OIG Comments**

The OIG considers this recommendation closed.

## **Recommendation 3**

District leaders and the Des Moines, Sioux City, Kansas City, and Rapid City Vet Center Directors determine reasons for noncompliance with having an annual risk and vulnerability assessment completed by VA police or local law enforcement, ensure completion, and monitor compliance.

_X _	_Concur
	_Nonconcur
Targ	get date for completion: December 2025

#### **Director Comments**

Per VHA Directive 1500(5), Vet Center annual site visits, both counseling and administrative, are required for all Vet Centers. The directive makes explicit the requirement that all site visits are conducted according to a detailed site visit protocol. The Des Moines, Sioux City, Kansas City, and Rapid City Vet Centers were not in compliance with the annual risk and vulnerability assessment required by the site visit protocol. District leadership is working with the VCDs on options to have these assessments completed for their Vet Centers.

#### **Recommendation 4**

District leaders and the Kansas City Vet Center Director determine reasons for noncompliance with monthly automated external defibrillator inspections, ensure completion, and monitor compliance.

_X Concur			
Nonconcur			
Target date for completion: August 2025			

#### **Director Comments**

The Kansas City Vet Center was not in compliance with the monthly inspection and monitoring of the automated external defibrillator (AED). The VCD created a process and tracking mechanism, which is being used to ensure compliance locally. The Kansas City Vet Center is now consistently completing monthly inspections of the AED. District leadership will continue to monitor until there is sufficient evidence to demonstrate compliance. District leadership will verify sustained compliance during the annual administrative site visit.

## **Recommendation 5**

District leaders and the Kansas City and Rapid City Vet Center Directors determine reasons for noncompliance with having an emergency and crisis plan that includes required components, ensure completion, and monitor compliance.

_X .	_Concur		
	_Nonconcur		
Targ	get date for comple	etion: Request	Closure.

#### **Director Comments**

The Kansas City and Rapid City Vet Centers were not in compliance with having a current emergency and crisis plan that includes required components. VCDs were uncertain of the requisite components. District leadership provided guidance on the necessary items for inclusion as outlined in the site visit protocol. The VCDs have updated their plans and will track compliance locally on an ongoing basis. District leadership will verify sustained compliance during the annual site visit.

#### **OIG Comments**

The OIG considers this recommendation closed.

## **Glossary**

To go back, press "alt" and "left arrow" keys.

**automated external defibrillator.** Is "a sophisticated, yet easy-to-use, medical device that can analyze the heart's rhythm and, if necessary, deliver an electrical shock, or defibrillation, to help the heart to re-establish an effective rhythm."<sup>26</sup>

**clinical liaison.** Mental health professionals assigned by the supporting VA medical facility who assist the VCD in coordinating care and suicide prevention activities and making referrals for shared VA medical facility clients.<sup>27</sup>

**High Risk Suicide Flag (HRSF) SharePoint site.** Lists names of RCS clients identified by VA medical facilities as high risk. VCDs are required to review the HRSF SharePoint site monthly to identify clients who receive or have received vet center services in the past 12 months to determine the need for client contact, and complete follow-up, as appropriate.

independently licensed mental health external clinical consultant. Assigned by the supporting VA medical facility to provide vet center counseling staff with a minimum of four hours per month of consultation for clinically complex cases. "In situations where the VA medical facility is unable to provide an external consultant due to local staffing logistics, the Vet Center will be authorized to seek such services from the private sector."<sup>28</sup>

**outreach plan.** A written strategic document developed for eligible individuals within that vet center's service area. The outreach plan identifies specific outreach locations and events that will allow vet center staff to directly provide eligible individuals and families with information about vet center services. Additionally, the outreach plan identifies local service providers, within the VA and non-VA, to establish referral networks for vet center clients. Outreach plans are updated annually.<sup>29</sup>

<sup>&</sup>lt;sup>26</sup> "What is AED?," American Red Cross, accessed August 8, 2022, <a href="https://www.redcross.org/take-a-class/aed/using-an-aed/what-is-aed">https://www.redcross.org/take-a-class/aed/using-an-aed/what-is-aed</a>.

<sup>&</sup>lt;sup>27</sup> VHA Directive 1500(4).

<sup>&</sup>lt;sup>28</sup> VHA Directive 1500(4).

<sup>&</sup>lt;sup>29</sup> VHA Directive 1500(4).

# **OIG Contact and Staff Acknowledgments**

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