

Department of Veterans Affairs Office of Inspector General

**Office of Healthcare Inspections** 

Report No. 15-00171-533

# Review of Community Based Outpatient Clinics and Other Outpatient Clinics of Manchester VA Medical Center Manchester, New Hampshire

September 30, 2015

Washington, DC 20420

To Report Suspected Wrongdoing in VA Programs and Operations Telephone: 1-800-488-8244 E-Mail: <u>vaoighotline@va.gov</u> (Hotline Information: <u>www.va.gov/oig/hotline</u>)

#### Glossary AUD alcohol use disorder CBOC community based outpatient clinic EHR electronic health record EOC environment of care FY fiscal year HIV human immunodeficiency virus laboratory lab not applicable NA NM not met OIG Office of Inspector General 000 other outpatient clinic PACT Patient Aligned Care Teams PC primary care RN registered nurse VHA Veterans Health Administration

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# **Executive Summary**

**Review Purpose:** The purpose of the review was to evaluate selected patient care activities to determine whether the Community Based Outpatient Clinics and other outpatient clinics under the oversight of the Manchester VA Medical Center and Veterans Integrated Service Network 1 provide safe, consistent, and high-quality health care. The review evaluated the clinics' compliance with selected requirements for alcohol use disorder care, human immunodeficiency virus screening, outpatient documentation, and outpatient lab results management. We also randomly selected the Portsmouth, NH, Community Based Outpatient Clinic as a representative site and evaluated the environment of care on August 11, 2015.

**Review Results:** We conducted five focused reviews and had no findings for the Environment of Care, Human Immunodeficiency Virus Screening, Outpatient Documentation, and Outpatient Lab Results Management reviews. However, we made one recommendation for improvement in the following review area:

<u>Alcohol Use Disorder Care</u>: Ensure that clinic staff consistently document the offer of further treatment to patients diagnosed with alcohol dependence.

## Comments

The Veterans Integrated Service Network and Facility Directors agreed with the Community Based Outpatient Clinic and other outpatient clinic review finding and recommendation and provided an acceptable improvement plan. (See Appendixes C and D, pages 15–17, for the full text of the Directors' comments.) We will follow up on the planned actions until they are completed.

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JOHN D. DAIGH, JR., M.D. Assistant Inspector General for Healthcare Inspections

# **Objectives, Scope, and Methodology**

## Objectives

The CBOC and OOC reviews are an element of the OIG's efforts to ensure that our Nation's veterans receive high-quality VA health care services. As such, the CBOC and OOC reviews are recurring evaluations of selected outpatient care activities that focus on patient care quality and the EOC. In general, our objectives are to determine whether:

- The selected CBOC is compliant with EOC requirements.
- The CBOCs/OOCs are compliant with selected VHA requirements for AUD care.
- The CBOCs/OOCs are compliant with selected VHA requirements for HIV Screening.
- Healthcare practitioners at the CBOCs/OOCs comply with the requirements for outpatient documentation.
- The CBOCs/OOCs are compliant with VHA requirements for the patient notification and follow up of selected outpatient lab results.

## Scope

To evaluate for compliance with requirements related to patient care quality and the EOC, we conducted an onsite inspection, reviewed clinical and administrative records, and discussed processes and validated findings with managers and employees. The review covered the following five activities:

- EOC
- AUD Care
- HIV Screening
- Outpatient Documentation
- Outpatient Lab Results Management

The scope of this review is limited to the established objectives. Issues and concerns that come to our attention but are outside the scope of this standardized inspection will be reviewed and referred accordingly.

## Methodology

The onsite EOC inspection was conducted at a randomly selected outpatient site of care that had not been previously inspected.<sup>1</sup> Details of the targeted study populations for the AUD Care, HIV Screening, Outpatient Documentation, and Outpatient Lab Results Management focused reviews are noted in Table 1.

Review Topic	Study Population	
AUD Care	All CBOC and OOC patients screened within the study period	
	of July 1, 2013, through June 30, 2014, and who had a positive	
	AUDIT-C score; <sup>2</sup> and all licensed independent providers,	
	RN Care Managers, and clinical associates assigned to PACT	
	prior to October 1, 2013.	
HIV Screening	All outpatients who had a visit in FY 2012 and had at least one	
	visit at the parent facility's CBOCs and/or OOCs within a	
	12-month period during April 1, 2013, through March 31, 2014.	
Outpatient	All patients new to VHA who had at least three outpatient	
Documentation	encounters (face-to-face visits, telephonic/telehealth care, and	
	telephonic communications) during April 1, 2013, through	
	March 31, 2014.	
Outpatient Lab	All patients who had outpatient (excluding emergency	
Results	department, urgent care, or same day surgery orders)	
Management	potassium and sodium serum lab test results during	
	January 1, 2014, through December 31, 2014.	

In this report, we made one recommendations for improvement. Recommendations pertain to issues that are significant enough to be monitored by the OIG until corrective actions are implemented.

The review was performed in accordance with OIG standard operating procedures for CBOC and OOC reviews.

<sup>&</sup>lt;sup>1</sup> Each outpatient site selected for physical inspection was randomized from all PC CBOCs, multi-specialty CBOCs, and heath care centers reporting to the parent facility and was operational and classified as such in VA's Site Tracking Database by October 1, 2014.

<sup>&</sup>lt;sup>2</sup> The AUDIT-C is a brief alcohol screen that reliably identifies patients who are hazardous drinkers or have active alcohol use disorders. Scores range from 0-12.

# **Results and Recommendations**

## EOC

The purpose of this review was to evaluate whether CBOC managers have established and maintained a safe and clean EOC as required.<sup>a</sup>

We reviewed relevant documents and conducted a physical inspection of the Portsmouth CBOC. The table below shows the areas reviewed for this topic. The facility generally met requirements. We made no recommendations.

#### Table 2. EOC

NM	Areas Reviewed	Findings	Recommendations
	The furnishings are clean and in good		
	repair.		
	The CBOC is clean.		
	The CBOC's inventory of hazardous		
	materials was reviewed for accuracy twice		
	within the prior 12 months.		
	The CBOC's safety data sheets for		
	chemicals are readily available to staff.		
	If safety data sheets are in electronic form,		
	the staff can demonstrate ability to access		
	the electronic version without coaching.		
	Employees received training on the new		
	chemical label elements and safety data		
	sheet format.		
	Clinic managers ensure that safety		
	inspections of CBOC medical equipment		
	are performed in accordance with Joint		
	Commission standards.		
	Hand hygiene is monitored for compliance.		
	Personal protective equipment is readily		
	available.		

NM	Areas Reviewed (continued)	Findings	Recommendations
	Sterile commercial supplies are not		
	expired.		
	The CBOC staff members minimize the		
	risk of infection when storing and disposing		
	of medical (infectious) waste. The CBOC has procedures to disinfect		
	non-critical reusable medical equipment		
	between patients.		
	There is evidence of fire drills occurring at		
	least every 12 months.		
	Means of egress from the building are		
	unobstructed.		
	Access to fire extinguishers is		
	unobstructed.		
	Fire extinguishers are located in large rooms or are obscured from view, and the		
	CBOC has signs identifying the locations		
	of the fire extinguishers.		
	Exit signs are visible from any direction.		
	Multi-dose medication vials are not		
	expired.		
	All medications are secured from		
	unauthorized access.		
	The staff protect patient-identifiable		
	information on lab specimens during		
	transport. Documents containing patient-identifiable		
	information are not visible or unsecured.		
	Adequate privacy is provided at all times.		
	The women veterans' exam room is		-
	equipped with either an electronic or		
	manual door lock.		
	The information technology network		
	room/server closet is locked.		

NM	Areas Reviewed (continued)	Findings	Recommendations
	Access to the information technology		
	network room/server closet is restricted to		
	personnel authorized by Office of		
	Information and Technology.		
	Access to the information technology		
	network room/server closet is documented.		
	All computer screens are locked when not		
	in use.		
	Information is not viewable on monitors in		
	public areas.		
	The CBOC has an automated external		
	defibrillator.		
	There is an alarm system and/or panic		
	buttons installed and tested in high-risk		
	areas (for example, mental health clinic),		
	and the testing is documented.		
	CBOC staff receive regular		
	information/updates on their		
	responsibilities in emergency response		
	operations.		
	The staff participates in scheduled		
	emergency management training and		
	exercises.		

## AUD Care

The purpose of this review was to determine whether the facility's CBOCs and OOCs complied with selected alcohol use screening and treatment requirements.<sup>b</sup>

We reviewed relevant documents and 40 EHRs. We also validated findings with key managers and staff. The table below shows the areas reviewed for this topic. The area marked as NM did not meet applicable requirements and needed improvement.

#### Table 3. AUD Care

NM	Areas Reviewed	Findings	Recommendations
	Diagnostic assessments are completed for patients with a positive alcohol screen.		
	Education and counseling about drinking levels and adverse consequences of heavy drinking are provided for patients with positive alcohol screens and drinking levels above National Institute on Alcohol Abuse and Alcoholism guidelines.		
X	Documentation reflects the offer of further treatment for patients diagnosed with alcohol dependence.	We did not find documentation of the offer of further treatment for six of seven patients diagnosed with alcohol dependence.	1. We recommended that clinic staff consistently document the offer of further treatment to patients diagnosed with alcohol dependence.
	For patients with AUD who decline referral to specialty care, clinic staff monitored them and their alcohol use.		
	Counseling, education, and brief treatments for AUD care are provided within 2 weeks of positive screening.		
	Clinic RN Care Managers have received motivational interviewing training within 12 months of appointment to PACT.		

NM	Areas Reviewed (continued)	Findings	Recommendations
	Clinic RN Care Managers have received		
	VHA National Center for Health Promotion		
	and Disease Prevention-approved health		
	coaching training (most likely TEACH for		
	Success) within 12 months of appointment		
	to PACT.		
	Providers in the outpatient clinics have		
	received VHA National Center for Health		
	Promotion and Disease Prevention-		
	approved health coaching training (most		
	likely TEACH for Success) within		
	12 months of appointment to PACT.		
	Clinical associates in the outpatient clinics		
	have received VHA National Center for		
	Health Promotion and Disease Prevention-		
	approved health coaching training (most		
	likely TEACH for Success) within		
	12 months of appointment to PACT.		
	The facility complied with any additional		
	elements required by VHA or local policy.		

## **HIV Screening**

The purpose of this review was to determine whether CBOCs/OOCs are compliant with selected VHA requirements for HIV Screening.<sup>c</sup>

We reviewed the facility's self-assessment, VHA and local policies, and guidelines to assess administrative controls over the HIV screening process. We also reviewed 34 EHRs and validated findings with key managers and staff. The table below shows the areas reviewed for this topic. The facility generally met requirements. We made no recommendations.

#### Table 4. HIV Screening

NM	Areas Reviewed	Findings	Recommendations
	The facility has a Lead HIV Clinician to		
	carry out responsibilities as required.		
	The facility has policies and procedures to		
	facilitate HIV testing.		
	The facility had developed policies and		
	procedures that include requirements for		
	the communication of HIV test results.		
	Written patient educational materials		
	utilized prior to or at the time of consent		
	for HIV testing include all required		
	elements.		
	Clinicians provided HIV testing as part of		
	routine medical care for patients.		
	When HIV testing occurred, clinicians		
	consistently documented informed		
	consent.		
	The facility complied with additional		
	elements as required by local policy.		

## **Outpatient Documentation**

The purpose of this review was to determine whether healthcare practitioners at the CBOCs/OOCs comply with selected requirements for outpatient documentation.<sup>d</sup>

We reviewed relevant documents and 40 EHRs. We also validated findings with key managers and staff. The table below shows the areas reviewed for this topic. The facility generally met requirements. We made no recommendations.

#### Table 5. Outpatient Documentation

NM	Areas Reviewed	Findings	Recommendations
	A relevant history of the illness or injury and physical findings are documented when the patient is first admitted for VA medical care on an outpatient level.		
	Randomly selected progress notes contain the required documentation components in the EHR.		

## **Outpatient Lab Results Management**

The purpose of this review was to determine whether CBOCs/OOCs are compliant with VHA requirements for the patient notification and follow up of selected outpatient lab results.<sup>e</sup>

We reviewed relevant documents and 49 EHRs. We also validated findings with key managers and staff. The table below shows the areas reviewed for this topic. The facility generally met requirements. We made no recommendations.

NM	Areas Reviewed	Findings	Recommendations
	The facility has a written policy regarding		
	communication of lab results from		
	diagnostic practitioner to ordering		
	practitioner.		
	The facility has a written policy for the		
	communication of lab results that included		
	all required elements.		
	Clinicians notified patients of their lab		
	results.		
	Clinicians documented in the EHR all		
	attempts to communicate with the patients		
	regarding their lab results.		
	Clinicians provided interventions for		
	clinically significant abnormal lab results.		

Appendix A

# **Clinic Profiles**

The CBOC/OOC review evaluates the quality of care provided to veterans at all of the outpatient clinics under the parent facility's oversight.<sup>3</sup> In addition to PC integrated with women's health, mental health, and tele-health services, the CBOCs provide various specialty care and ancillary services. The following table provides information relative to each of the outpatient clinics and lists the additional specialty care and ancillary services provided at each location.

			Outpatient Workload / Encounters <sup>4</sup>			Services Provided <sup>5</sup>	
Location	Station #	Rurality <sup>6</sup>	PC	МН	Specialty Clinics <sup>7</sup>	Specialty Care <sup>8</sup>	Ancillary Services <sup>9</sup>
Portsmouth, NH	608GA	Urban	3,697	1,247	NA	NA	Audiology Electrocardiography Nutrition
Somersworth, NH	608GC	Urban	4,691	2,334	407	Podiatry	Electrocardiography Pharmacy
Conway, NH	608GD	Rural	1,989	742	NA	NA	Home Based PC
Tilton, NH	608HA	Rural	3,505	665	63	NA	Electrocardiography Home Based PC Pharmacy

<sup>&</sup>lt;sup>3</sup> Includes all CBOCs in operation before April 1, 2014.

<sup>&</sup>lt;sup>4</sup> An encounter is a professional contact between a patient and a practitioner vested with responsibility for diagnosing, evaluating, and treating the patient's condition. Encounters occur in both the outpatient and inpatient setting.

<sup>&</sup>lt;sup>5</sup> The denoted Specialty Care and Ancillary Services are limited to Primary Clinic Stops with a count  $\geq$  100 encounters during the October 1, 2013, through September 30, 2014, timeframe at the specified CBOC.

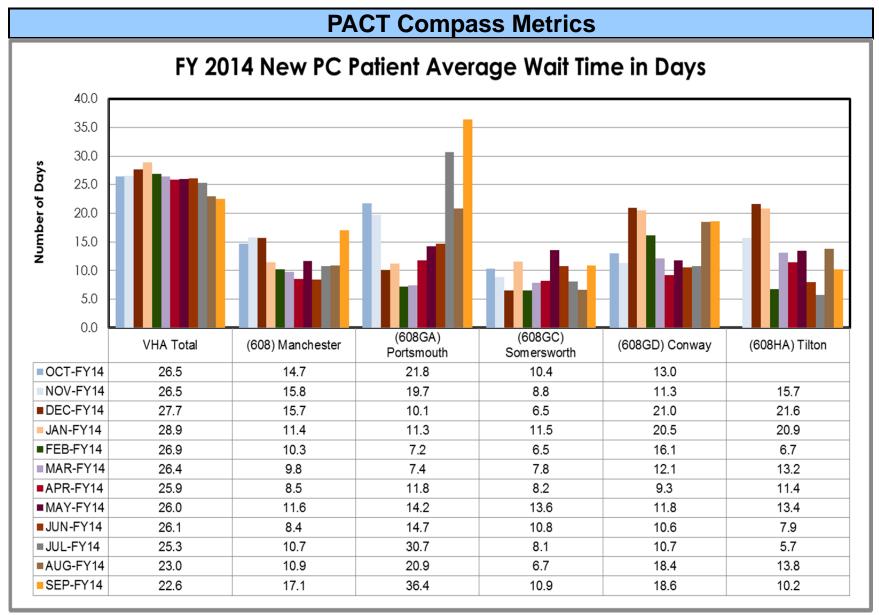
<sup>&</sup>lt;sup>6</sup> <u>http://vssc.med.va.gov/</u>

<sup>&</sup>lt;sup>7</sup> The total number of encounters for the services provided in the "Specialty Care" column.

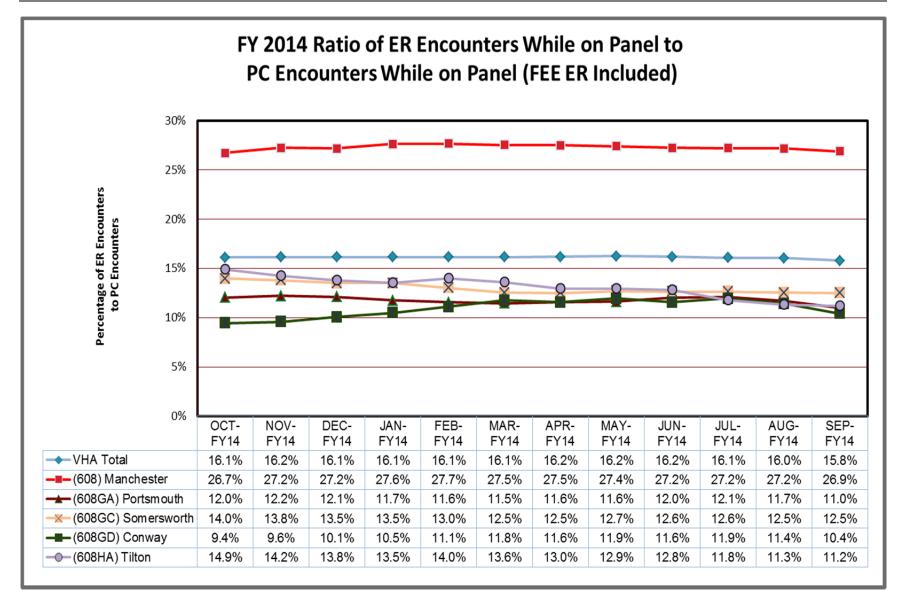
<sup>&</sup>lt;sup>8</sup> Specialty Care Services refer to non-PC and non-Mental Health services provided by a physician.

<sup>&</sup>lt;sup>9</sup> Ancillary Services refer to non-PC and non-Mental Health services that are not provided by a physician.

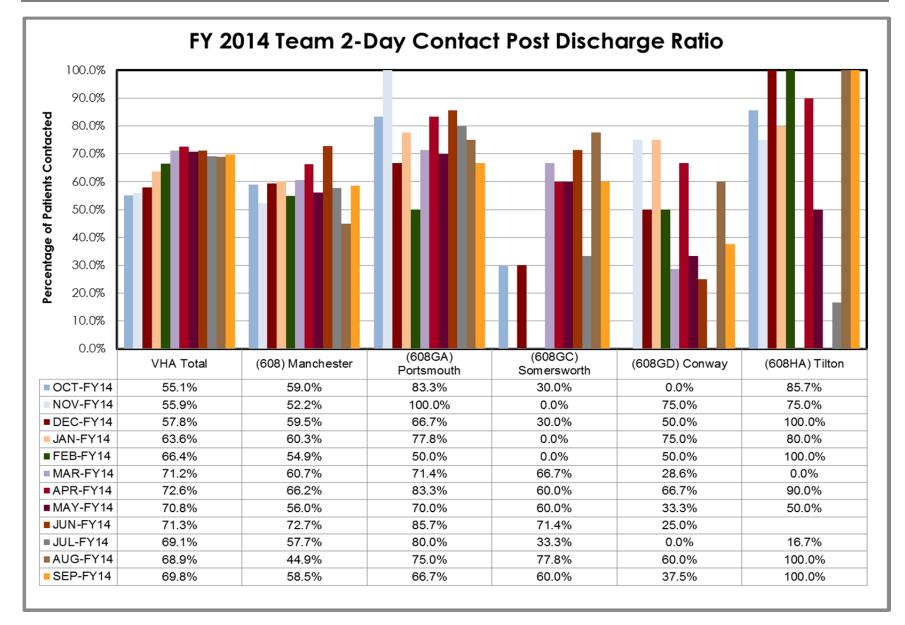
Appendix B



**Data Definition.**<sup>f</sup> The average number of calendar days between a new patient's PC appointment (clinic stops 322, 323, and 350), excluding compensation and pension appointments, and the earliest creation date. Blank cells indicate the absence of reported data.



**Data Definition.**<sup>f</sup> This is a measure of where the patient receives his PC and by whom. A low percentage is better. The formula is the total VHA ER/Urgent Care/FEE ER encounters while on panel (including FEE ER visits) divided by the number of PC encounters while on panel with the patient's assigned PC (or associate) provider plus the total VHA ER/Urgent Care/FEE ER encounters (including FEE ER visits) while on panel plus the number of PC encounters while on panel with a provider other than the patient's PC Provider/Associate Provider.



**Data Definition.**<sup>f</sup> The percent of discharges (VHA inpatient discharges) for the reporting timeframe for assigned PC patients where the patient was contacted by a member of the Patient Aligned Care Team the patient is assigned to within 2 business days post discharge. Discharges resulting in death and discharges where a patient is readmitted within 2 days of discharge are excluded from this metric. Blank cells indicate the absence of reported data.

### Appendix C Veterans Integrated Service Network Director Comments

# Department of Veterans Affairs

Memorandum

Date: September 9, 2015

From: Director, VA New England Healthcare System (10N1)

Subject: Review of CBOCs and OOCs of Manchester VA Medical Center, Manchester, NH

To: Director, Bedford Office of Healthcare Inspections (54BN)

Director, Management Review Service (VHA 10AR MRS OIG CAP CBOC)

I have reviewed and concur with the findings and recommendations contained in this review. Responses to the recommendations are attached.

For any questions, please contact Denise Lord, VISN 1 QMO, 781-687-4850.

Sincerely,

M May

Michael Mayo-Smith, MD, MPH Network Director, VISN 1

Appendix D

# **Acting Facility Director Comments**

# Department of Veterans Affairs

# Memorandum

Date: September 4, 2015

From: Acting Director, Manchester VA Medical Center (608/00)

Subject: Review of CBOCs and OOCs of Manchester VA Medical Center, Manchester, NH

To: Director, VA New England Healthcare System (10N1)

I concur with the findings/recommendations presented in this Community Based Outpatient Clinics and Other Outpatient Clinics Review of the Manchester VA Medical Center. Actions taken as a result of these findings are attached.

nielle Ocker, RN, MBA, VHA-CM

Acting Medical Center Director

# Comments to OIG's Report

The following Acting Director's comments are submitted in response to the recommendation in the OIG report:

## OIG Recommendation

**Recommendation 1.** We recommended that clinic staff consistently document the offer of further treatment to patients diagnosed with alcohol dependence.

Concur

Target date for completion: December 31, 2015

Facility response: On September 2, 2015, with the assistance of VISN 1 Clinical Practice Group, the Annual Audit C Clinical Reminder was changed to include criteria for referral to substance use treatment as well as a statement indicating follow up will be done at future visits if the patient declines referral for substance use treatment. Manchester QM staff and Primary Care/Mental Health Service Lines will perform monthly reviews of all AUDIT-C completions to monitor for compliance with documentation of further treatment to patients diagnosed with alcohol dependence. Reviews will be conducted for the periods of October, November, and December 2015 with reassessment of the audit process on December 12, 2015. The benchmark target is 95 percent compliance.

# Office of Inspector General Contact and Staff Acknowledgments

Contact	For more information about this report, please contact the OIG at (202) 461-4720.			
Inspection Team	Clarissa Reynolds, Team Leader Elaine Kahigian, RN, JD Frank Keslof, EMT, MHA Jeanne Martin, PharmD Emorfia Valkanos, RPh			
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National Veterans Service Organizations
Government Accountability Office
Office of Management and Budget
U.S. Senate: Kelly Ayotte, Jeanne Shaheen
U.S. House of Representatives: Frank Guinta, Ann McLane Kuster

This report is available at <u>www.va.gov/oig</u>.

# Endnotes

<sup>a</sup> References used for the EOC review included:

- International Association of Healthcare Central Services Materiel Management, *Central Service Technical Manual*, 7<sup>th</sup> ed.
- Joint Commission, Joint Commission Comprehensive Accreditation and Certification Manual, July 1, 2014.
- US Department of Health and Human Services, Health Insurance Portability and Accountability Act, *The Privacy Rule*, February 16, 2006.
- US Department of Labor, Occupational Safety and Health Administration, *Laws and Regulations*, 1910 General Industry Standards.
- US Department of Labor, Occupational Safety and Health Administration, *Guidelines for Preventing Workplace Violence*, 2004.
- VA Directive 0059, VA Chemicals Management and Pollution Prevention, May 25, 2012.
- VA Handbook 6500, Risk Management Framework for VA Information System, September 20, 2012.
- VHA Center for Engineering, Occupational Safety, and Health, *Online National Fire Protection Association Codes, Standards, Handbooks, and Annotated Editions of Select Codes and Standards*, July 9, 2013.
- VHA Directive 2011-007, Required Hand Hygiene Practices, February 16, 2011.
- VHA Directive 2012-026, Sexual Assaults & Other Defined Public Safety Incidents in VHA Facilities, September 27, 2012.
- VHA Handbook 1006.1, Planning and Activating Community-Based Outpatient Clinics, May 19, 2004.
- VHA Handbook 1330.01, Health Care Services for Women Veterans, May 21, 2010.

<sup>b</sup> References used for the AUD Care review included:

- VHA Handbook 1101.10, Patient Aligned Care Teams (PACT), February 5, 2014.
- VHA Handbook 1120.02, Health Promotion Disease Prevention (HPDP) Program, July 5, 2012.
- VHA Handbook 1160.01, Uniform Mental Health Services in VA Medical Centers and Clinics, September 11, 2008.
- VHA National Center for Health Promotion and Disease Prevention (NCP), HealthPOWER Prevention News, *Motivational Interviewing*, Summer 2011. Accessed from:
- <u>http://www.prevention.va.gov/Publications/Newsletters/2011/HealthPOWER\_Prevention\_News\_Summer\_2011.</u>
   <u>asp</u>

 VHA National Center for Prevention (NCP). NCP Training Resources. Accessed from: <u>http://vaww.infoshare.va.gov/sites/prevention/NCP\_Training\_Resources/Shared%20Documents/Forms/AllItems.</u> <u>aspx</u>

<sup>c</sup> References used for the HIV Screening review included:

- Centers for Disease Control and Prevention, *Testing in Clinical Settings*, June 25, 2014. <u>http://www.cdc.gov/hiv/testing/clinical/</u> Accessed July 18, 2014.
- VHA Assistant Deputy Under Secretary for Health for Clinical Operations Memorandum, VAIQ #741734 Documentation of Oral Consent for Human Immunodeficiency Virus (HIV) Testing, January 10, 2014.
- VHA Directive 2008-082, National HIV Program, December 5, 2008.
- VHA Directive 2009-019, Ordering and Reporting Test Results, March 24, 2009.
- VHA Directive 2009-036, Testing for Human Immunodeficiency Virus in Veterans Health Administration Facilities, August 14, 2009.
- VHA Handbook 1004.01, Informed Consent for Clinical Treatments and Procedures, August 14, 2009.
- VHA National Center for Health Promotion and Disease Prevention (NCP), *Screening for HIV*, June 23, 2014. <u>http://vaww.prevention.va.gov/Screening\_for\_HIV.asp</u> Accessed July 18, 2014.
- VHA Under Secretary for Health Information, Letter IL 10-2010-006, Use of Rapid Tests for Routine Human Immunodeficiency Virus Screening, February 16, 2010.
- <sup>d</sup> References used for the Outpatient Documentation review included:
- VHA Handbook 1907.01, Health Information Management and Health Records, September 19, 2012.
- VHA Handbook 1907.01, Health Information Management and Health Records, July 22, 2014.
- <sup>e</sup> References used for the Outpatient Lab Results Management review included:
- VHA Handbook 2009-019, Ordering and Reporting Test Results, March 24, 2009.
- VHA, Communication of Test Results Toolkit, April 2012.
- <sup>f</sup> Reference used for PACT Compass data graphs:
- Department of Veterans' Affairs, Patient Aligned Care Teams Compass Data Definitions, June 24, 2014.